INSCC Building Disaster Plan
For Dealing with Catastrophic Disasters
And Local Emergencies
University of Utah

January 2002
Emergency Contacts – Building Committee Chair and Alternates

- Primary responsibility for the health and safety of our Building and its occupants resides with the Building Committee Chair
  - Carleton DeTar, 212 INSCC, 1-7537, Home: 521-8318, Cell 244-4912, detar@physics.utah.edu

- If the BCC is absent or incapacitated, the chain of command shall flow through alternates:
  - DeeAnn Raynor, 405 INSCC, 1-5253, Home: 278-9632, Cell: 419-5624, dee@chpc.utah.edu
  - Joe Breen, Home: 582-9292, Cell: 550-9172
  - Guy Adams, Home: 263-7890, Cell: 554-0125
  - Julio Facelli, Home: 485-6947, Cell: 556-2426
  - Charlie Jui, 222 INSCC, 1-7186, Home: 569-9732 jui@physics.utah.edu
INDEX

I. Emergency Contacts – Building Committee Chair and Alternates ........ 2
II. Emergency Contacts – Emergency Response Team Members ........... 3
III. Introduction .................................................................................. 5
IV. General Emergency Response Guidelines ..................................... 9
V. Local Emergency Response .......................................................... 10
VI. Major Disaster Response .............................................................. 27
VII. Emergency Preparedness ............................................................ 32
VIII. Appendices ............................................................................... 44
I. Introduction

Emergencies and disasters can happen at any moment. When an emergency strikes, our immediate safety and prompt recovery will depend on the existing levels of preparedness among faculty, staff, and students.

Each School and department at the U. has an important role to play in maintaining the University’s emergency preparedness and safety. We are an interdependent community.

Department and building plans are written to provide fundamental support for the general campus Emergency Plan and to provide information for use in local emergencies. During a major emergency or disaster, the University’s Emergency Management System (EMS) will rely on effective communication among the campus Emergency Operations Center (EOC), corresponding Satellite Operations Centers (SOCs) in Deans’ and Vice Presidents’ headquarters, and individual campus departments and buildings.

Purpose

Clearly, department and building emergency plans are an essential building block of the U's emergency response. They are also part of every unit's basic health and safety responsibilities and business continuity planning. This Building Emergency Plan outlines how we will:

- Protect the safety of students, faculty, staff, and visitors in the Building
- Safeguard vital records, capital equipment and other physical resources related to each department’s mission
- Coordinate with the University's emergency response and recovery procedures

Scope and Content

This Building Emergency Plan includes comprehensive, yet simple and flexible, procedures that you can apply to a variety of emergency incidents, both local emergencies and major disasters. The local emergencies covered in this Plan include anthrax, bodily injury, bomb threats, civil disorder, chemical spills, fires, odors, radiological accidents, snow, other storms, and utility outages. The major disasters covered in this plan include earthquakes, terrorist attack, and tornados.

Distribution

The INSCC Building Emergency Planning Guide is distributed to every Building employee. The Emergency Plan must be known and understood before an emergency occurs. Department heads and Building Committee Chairs should take immediate steps to:

- Share this important safety information with all faculty, staff, researchers and students annually.
- Brief all new personnel as they join the department or move into the Building.
• Keep multiple copies of the Plan in accessible locations throughout the organization.
• Ensure that Emergency Response Team Department representatives and alternates keep a copy of the Building Plan at home. These copies will be distributed in loose leaf binders, prominently labeled on the binding, and stored in a prominent, public location where they are easily accessible in a disaster or emergency.

**Sequence/Chronology of Application**

Our building’s efforts will focus on three areas:
- Preparedness
- Responding
- Recovering
II. General Emergency Response Guidelines

Everyone in the INSCC building --- students, faculty, staff, and visitors --- must take appropriate and deliberate action when an emergency strikes the building.

**Be Prepared**

- Know the location of at least two emergency exits in your working area.
- Keep a flashlight handy if you are in an area without natural lighting or must pass one to get to either stairway.

**In An Emergency**

- Before taking any action, be sure you are not endangering yourself. Avoid unstable structures, radiation hazards, electrical wires, toxic fumes, chemical spills, fire, etc. Do not jeopardize your life or the lives of others in attempting to save personal or University property.
- Dial the **University Police dispatcher at 5-COPS (5-2677)** and the appropriate medical, fire, or police agency will be notified. When you call, give your name, telephone number and location, and the nature and location of the emergency.
- Do not hang up until the person answering the call ends the conversation.
- Remain calm, use common sense, and render assistance. Don't panic.
- Evacuate buildings immediately upon the request of authorities, upon hearing an audible alarm, or when remaining in the building becomes life-threatening.

**DO NOT**

- Use the telephone for reasons other than emergency purposes.
- Enter an elevator in emergencies, or attempt to force open stalled elevator doors.

**After Hours Emergency**

- When an emergency strikes the campus after normal business hours, on weekends or on holidays or if you are off-campus during a major emergency, monitor the **University's Emergency Information Hotline (581-7200)** and media reports.
- If you are recalled to campus, be certain that your household safety is assured and that your route to campus is safe and functional. Bring your personal emergency kit and a copy of this Plan to campus.
III. Local Emergency Response

- Anthrax and Similar Biohazards
- Bodily Injury
- Bomb Threats
- Chemical Spills
- Civil Disorder
- Fire
- Odors
- Radiological Accidents
- Snow
- Storms
- Utility Outages
Anthrax and Similar Biohazards

Anthrax has been maliciously used as a weapon of terror to infect those who come in contact with the bacterium. In most cases the bacterium has been delivered in powdered form through the mail. Although a tainted letter is an extremely rare occurrence, it is important to be alert for suspicious letters and parcels.

Response

- Stay calm. Anthrax is not contagious and can be treated. Affliction is the result of exposure. Your goal is to minimize exposure to yourself and others.
- Do not open, shake or sniff the article. If possible, place the item in a plastic bag.
- Isolate the suspect letter or parcel (close office door, etc.) and evacuate the immediate area of all personnel. DO NOT PULL the fire alarm station.
- Contact the University Police dispatcher at 5-COPS (5-2677) for assistance. Don't worry about possible embarrassment if the item turns out to be innocent.

Follow-up

- Advise your supervisor of the incident if you haven’t already done so.
- Assist University Police in their investigation by providing background and detailed information about the incident.
- Obtain appropriate medical care and emotional support as needed. Personnel receiving potential exposure should be seen by medical professionals at the University Hospital Emergency Room. The supervisor to employee(s) to be seen should call ahead and explain the incident to emergency room personnel (1-2500). An Employee First Report of Injury form, (Appendix I) available from Human Resources, http://www.med.utah.edu/hr/E1.pdf, should accompany the employee.
- Prepare a written incident report (Appendix II, available at http://www.utah.edu/risk-management/incidentaccdnt.htm) stating the details of what occurred. Include the name of the investigating officer and the assigned case number. When the incident report is complete, submit it to your supervisor.
Bodily Injury

Every effort is made to insure that INSCC maintains a safe, hazard free work environment for employees, clients and guests. However, accidents may take place, causing an injury or a sudden illness.

Serious/Life Threatening
It is serious if it:

- Places a person’s life in jeopardy.
- Renders a person unconscious.
- Results in a substantial loss of blood.
- Involves a broken bone.
- Involves the amputation of an arm, leg, hand or foot.
- Consists of burns to major portions of the body.
- Is the result of a severe electrical shock: current passing through the head or chest or any shock in excess of 240 V.
- Causes loss of sight.

Response
- Contact the University Police dispatcher at 5-COPS (5-2677) or, if unavailable, dial 9-911 for assistance.
- Ask a first aid-trained coworker if he/she is willing to offer assistance and provide emergency first aid until medical assistance arrives.
- Do not exceed your training or knowledge when attempting to provide assistance.
- Do not transport the injured person to the hospital in your private vehicle.
- For poisoning or a drug overdose, call the Poison Control Center (1-2151) or 9-911 if the poisoning presents a significant medical emergency.

Follow-up
- Advise your supervisor of the incident if you haven’t already done so.
- Assist those responding to your call by providing background and details concerning the incident.
- Obtain appropriate medical care and emotional support as needed.
- Prepare a written incident report (Appendix II) stating the details of what occurred (see description below).
Non-Life Threatening

Response
- For emergencies requiring medical aid or transportation to the hospital, call the University Police dispatcher at 5-COPS (5-2677) or, if unavailable, dial 9-911.
- For non-life-threatening injuries or illnesses, call the University Family Health Center (1-8000) for a walk-in appointment or go to the University Hospital Emergency Room. Identify yourself as a University employee with a work injury.

Follow-up
- Reporting job-related injuries or illnesses – Employees
  - Employer’s First Report of Injury (E1) should be completed by the employee and signed by his or her supervisor.
  - Submit the E1 to Workers Compensation and Environmental Health and Safety within 24 hours or as soon as practical. Forms, shown in Appendix I, are available online at http://www.personnel.utah.edu/forms.e1.pdf.
- Reporting job-related injuries or illnesses – Visitors and students
  - Complete a University Incident Report and submit it to your department. The form should be forwarded by your Department to the University Risk Manager. Forms, shown in Appendix II, are available online at http://www.utah.edu/risk-management/incidentaccdnt.htm
Bomb Threats

Most bomb threats received on campus come by way of the telephone; others are received by mail or found as unattended packages. Most threats are unfounded and are used as a way to disrupt normal University operations. While the majority of these incidents turn out to be a hoax, all must be treated as a serious threat to individual safety and University property.

Suspicious Phone Call Response

- Stay calm.
- Keep the caller on the line as long as possible. Ask the caller to repeat the message. (Use the Bomb Threat Check List, attached as Appendix III).
- If the caller does not indicate the location of the bomb or the time of possible detonation, ask the caller for that specific information.
- Inform the caller that the building is occupied and the detonation of a bomb could result in the death and serious injury of many innocent people.
- Pay particular attention to any peculiar background sounds that might give even a remote clue to the location of the caller.
- Listen closely to the caller’s voice, and quality of speech. Does the caller have an accent or speech impediment?
- A bomb threat is a criminal offense and must be reported to University Police. Contact the University Police dispatcher at 5-COPS (5-2677) immediately for assistance. Notify the Building Committee Chair or alternate.
- **DO NOT activate the building alarm system to evacuate.** The investigating officer, in consultation with the Department of Public Safety, will determine if the building should be evacuated.
- Check your work area for any items that are unfamiliar to you. If you find a suspicious item, do not touch it. Report the location and description of the item to a police officer.
- If it is determined that the building must be evacuated:
  - Take your personal belongings with you when you leave.
  - Leave doors unlocked and open.
  - Do NOT turn lights or office equipment on or off. Do NOT use the telephone. Do NOT make cell phone calls.
  - Use the stairs to evacuate the building. Do NOT use the elevator.
  - Move to the Emergency Assembly Point by the fountain between the Student Union and Student Services Buildings. **Do not leave the area until you have reported in and been accounted for.**
  - Stay away from the building until cleared by Department of Public Safety personnel.

Follow-up

- Advise your supervisor of the incident if you haven’t already done so.
• Assist University Police in their investigation by providing background and details concerning the incident.
• Obtain appropriate medical care and emotional support as needed.
• Prepare a written incident report (Appendix II) stating the details of what occurred. Include the name of the investigating officer and the assigned case number. When the incident report is complete, submit it to your supervisor.

Suspicous Parcel Response

• Contact the University Police dispatcher at 5-COPS (5-2677).
• Move people in the immediate area away, but DO NOT activate the fire alarm system.
• Do NOT move or open the package.
• Do NOT investigate too closely.
• Do NOT cover or insulate the package.
• If it is determined that the building must be evacuated, see instructions under Suspicious Phone Call.

Follow-up

• Same as Suspicious Phone Call.
**Chemical Spills**  (with thanks to the Medical College of Georgia)

The range and quantity of hazardous substances used in laboratories require preplanning to respond safely to chemical spills. The cleanup of chemical spills should only be attempted by knowledgeable and experienced people. (Obviously the same is true for their use!) The time to plan for spills is when you design the experiment – you don’t want to be thumbing through the Yellow Pages when you have a liter of hydrochloric acid on the floor.

It is the responsibility of each Emergency Response Team member to ascertain which researchers in their areas of responsibility are using hazardous materials and to compile lists of the identities of those materials. The lists must be updated at least once per year. In the event of a fire or bomb incident, it is important for the fire fighters to know what chemicals are burning or for the bomb squad to know what chemicals will be spread throughout the neighborhood in the event of a blast. Copies of these lists should be kept both in your office and at home.

**Is the chemical spill a major spill emergency?**

- How much was spilled? - if the material is hazardous and if the amount of the material spilled is more than one liter, it is considered a major spill. This is a judgment call that will rely heavily on your preparation. If the material spilled does not emit vapors hazardous in moderate quantities and you have the tools at hand to complete the cleanup in less time than is required to mobilize a response team from Environmental Health and Safety, it is probably acceptable to clean up the spill yourself.

- What are the hazards of the material spilled? - if the spill is less than one liter, but presents an immediate danger to health, safety, the environment, or is an immediate fire hazard, it is considered a major spill.

- Where is the spill? - if the spill is outside of the laboratory or outside of the area where the material is normally used, and/or there is no trained person available to clean up the spill, it is considered a major spill.

**Response (Major Spill)**

Large Spills (> 1 Liter or a material presents an immediate fire, safety, environmental, or health hazard regardless of quantity). Examples: Spill of greater than 1 Liter of ethanol, methanol, strong acids or bases or any quantity of highly volatile, hazardous organics, or mercury compounds.

- Stop work.
- Turn off any ignition sources
- Attend to any injured persons if you can do so without personal risk.
- Leave laboratory hood on.
- Evacuate laboratory and close door.
- Secure lab, i.e., keep others out of the lab.
- Call the Campus Police dispatcher at 5-COPS (5-2677). They will activate the appropriate response.
Response (Minor Spill)
Small spills (< 1 Liter and does not present an immediate fire, safety, environmental or health hazard).

- Alert people in immediate area of spill.
- Wear protective equipment - including safety goggles, gloves, long-sleeve lab coat.
- Avoid breathing vapors from the spill.
- Confine spill to small area.
- Use appropriate kit to neutralize and absorb inorganic acids and bases. Collect residue, place in container, fill out Hazardous Waste Disposal Form, and contact Environmental Health and Safety at ext. 1-6590 for disposal.
- For other chemicals, use appropriate kit or absorb spill with vermiculite, dry sand, or diatomaceous earth. Collect residue, place in container and dispose as chemical waste.
- The Chemical Spill Kit for INSCC is located in Room 130 on top of the yellow chemical storage cabinet. It includes:
  - Gloves and goggles for your protection
  - Absorbent “socks” which will absorb your spill
  - Spill response pocket guide
- Clean spill area with water.

Follow-up (Major and Minor Spills)
- After the spill has been cleaned up and appropriately disposed of, it is imperative that a post-incident review be held to discuss the causes of the spill and establish remedies to insure that the conditions permitting the spill do not occur again.
Civil Disorder

Civil disorder can take the form of a peaceful sit-in or be escalated all the way to a full-scale riot. Civil disorder generally refers to groups of people who choose not to observe the law, regulations or rules in an attempt to bring attention to their organization or cause. Civil disorder can take the form of small gatherings or large mob groups attempting to stop traffic flow, block building access and interrupt normal activities by generating disruptive noise and intimidating people outside their group.

Response

- Stay calm.
- Consider your own safety and act accordingly.
- Don’t respond to the intimidation of the group.
- Move away from the gathering crowd.
- Contact the University Police dispatcher at 5-COPS (5-2677) from a safe location to report the incident.

Follow-up

- Advise your Department Chair/Dean of the incident if you haven’t already done so.
- Prepare a written incident report (Appendix II) stating the details of what occurred. When the incident report is complete, submit it to the director.
Fire

Fire kills over 4,000 and injures more than 23,000 Americans each year. Among the victims approximately 100 firefighters die each year in the line of duty. Direct property loss due to fire exceeds $8.5 billion a year. Most of these deaths and losses are preventable.

Small Fire

Response

- Activate the building’s fire alarm by pulling on a close pull station.
- If the fire is contained in a trash can, or other restricting container and you have been trained to use a fire extinguisher you may choose to fight small fires yourself.
- Never attempt to fight a fire alone. If you feel you can contain a small fire using a fire extinguisher, ask a coworker to back you up before an attempt is made.

Follow-up

- Report all fires to Environmental Health and Safety (1-6590); submit an incident report (Appendix II).
- Report all fire extinguisher discharges to Environmental Health and Safety so the equipment may be recharged/filled and replaced.

Large Fire

Response

- Activate the building’s fire alarm by pulling on a close pull station.
- Never attempt to fight a fire alone. Do not attempt to fight large, spreading fires.
- Leave the building.
  - If possible close doors and window as you go to slow down the fire’s progress.
  - Notify others working in your area when exiting.
  - Assist those in need as you are leaving.
  - Use the fastest way out of the building. Do not use the elevator as an escape route.
- If there is smoke in your work area or in the corridors, stay down near the floor.
- Feel the surface and hardware of any closed door before you attempt to open it. If either is hot to the touch do not open the door.
- Open all doors slowly. If heat or heavy smoke is present, close the door and find another way out.
- If you become trapped, use a telephone to call the University Police dispatcher at 5-COPS (5-2677) and give them your location.
- Once outside, move to the Emergency Assembly Point by the fountain between the Student Union and Student Services Buildings.
Follow-up

• Once in a safe location, call the University Police dispatcher at 5-COPS (5-2677) for assistance. Give as much information as you possibly can including:
  o Name of the building and location of the fire.
  o Your location.

• Do not re-enter the building until authorized by the University Fire Marshal or SLC Fire Department. Cessation of audible alarms does not mean that the emergency has ended.
Odors

Strong odors can be annoying and in some cases cause discomfort and/or nausea. Although annoying, these reactions do not always constitute a health or safety hazard.

Response

- Try to determine the origin of the odor and where the concentration seems to be the strongest.
- Check area trashcans for odor causing garbage such as spoiled food. If something is found, remove it from the building.
- If there is a floor drain in the area and the odors are sewer smells, dump water into the drain. Request that custodial services add some mineral oil to the drain to keep it from drying out.
- Ask operators to move of shut off vehicles idling by building air intake.
- Check if odors are related to building remodeling or maintenance such as roof sealants, carpet glue, paint, solvents, polish, new furniture, etc.
- Contact the Office of Environmental Health and Safety (1-6590) if:
  - Odors are related to building remodeling, construction or maintenance.
  - Odors are due to a chemical spill.
- Contact Plant Operations dispatch at (1-7221) if you smell natural gas or you cannot determine the source of the odor and it does not decrease over time. If the odor increases, contact the Building Committee Chair or alternate to consider activating your building evacuation procedure. **DO NOT pull the fire alarm pull station to evacuate.**
- If occupants are experiencing real discomfort, leave the area and get some fresh air. **DO NOT "evacuate" a building using the fire alarm in the event of odors.** Notify your Department Representative on the Emergency Response Team (see Appendix III for a list of names) about the need to evacuate for a predetermined amount of time.
- If you are the Department Representative, notify the Building Committee Chair or an alternate (see Appendix V) about the evacuation. The Building Committee chair or alternate will broadcast the evacuation message throughout the building via email, phone message, and/or messenger.
- After the time determined has passed, if the odor is not resolved, establish a new time to check back.

Follow-up

- Advise your supervisor of the incident if you haven’t already done so.
- Assist those responding to your call by providing background and details concerning the incident.
- Obtain appropriate medical care if needed.
- Prepare a written incident report (Appendix II) stating the details of what occurred. When the incident report is complete, submit it to your supervisor.
Radiological Accidents

Although there are a number of radiation sources in the building, all are either encapsulated in plastic or plated onto substantial substrates. None emits significant radiation. Currently all are in a container in Pierre Sokolsky’s office.

Response

- In the event that the sources are accidentally spilled from the container, pick them up with rubber gloves or tongs and return them to the container. Wash your hands after the cleanup is completed. In the highly unlikely event that the source is ingested, quarantine the person who ingested it until the source has passed from their digestive system.

Follow-up

- After the cleanup has been completed, hold an inquiry to ascertain why the sources were spilled and take measures to assure that the incident is not repeated.
Snow

The University President decides whether to close campus and send personnel home early or to continue on a normal schedule.

In the event of a severe snow storm:

Response

• Personnel are notified of a University closure during normal working hours through supervisory channels and University television and radio or TV station broadcasts (KUER –FM 90 and KUED Channel 7) as well as the University home page: www.utah.edu or by calling 1-6773.
• Once notified to leave campus, do so immediately.
• After an overnight storm, tune to the campus radio and television stations (KUER –FM 90 and KUED Channel 7) beginning from 6:30 AM to 7:00 AM, consult the University home page: www.utah.edu, or call 581-6773.

Follow-up

• Continue to monitor closures, etc. via campus radio and television stations (KUER –FM 90 and KUED Channel 7).

Winter Storm Survival Kit for Cars

• Keep your gas tank more than half full so if you do get stuck, you can run the engine once in a while to keep warm until help arrives.
• Things to keep in your car during the winter:
  o Cell phone to call for help
  o Blanket or sleeping bag
  o Extra coat, warm boots and gloves
  o High-calorie, non-perishable food (power bars, etc.)
  o Flashlight w/ extra batteries
  o First Aid Kit
  o Knife
  o Water-proof matches
  o Sack of sand (or kitty litter)
  o Shovel
  o Windshield scraper and brush
  o Booster cables
  o Compass
  o Tool kit
  o Tow rope
Storms (Thunder and/or High Winds)

**Response**
- Stay away from windows. Seek refuge in interior corridors or offices.
- If lightning is striking nearby, turn off and unplug all computers and other electronic devices not isolated from the building power by an Uninterruptible Power Supply (UPS) or other surge protector until the storm has passed.

**Follow-up**
- Report facility damage to the Plant Operations dispatcher at 1-7221.
Utility Outages

Computer/Internet
Response:
• Notify the CHPC Help Desk (1-4439).
• If your data resides on the INSCC Building Servers maintained by CHPC, your data will automatically be backed up on a daily basis.
• If your data resides on your local machine, it is your responsibility to make sure your data is regularly backed up.

Electrical
Response
• Keep a flashlight in a drawer or cabinet where it can be easily found (in the dark!) if needed.
• Assess the extent of the outage in your area. Report the outage to Plant Operations dispatch at 1-7221.
• Help co-workers in darkened work areas move to safe locations. If practical, secure current experimental work; move it to a safe location if necessary.
• Open window shades for additional light and, if operable, the window itself for additional ventilation.
• Keep lab refrigerators or freezers closed throughout the outage.
• Unplug personal computers, non-essential electrical equipment and appliances.
• If an extended outage is anticipated by the Building Committee Chair, personnel may be released, with concurrence from the Vice President for Research.
• If you are asked to evacuate your building, secure any hazardous materials work and leave the building immediately.
• Obtain information about a prolonged outage via campus radio and television stations (KUER – FM 90.1 and KUED Channel 7) or the University home page: www.utah.edu.

Phones
Response
• Determine if the problem is local or building-/university-wide.
• If the problem is only local, find a working phone and call Netcom at 1-4000 to report the problem and request that someone repair it.
• Notify Netcom via e-mail, helpdesk@utah.edu, that your phone lines are down.

Sewer System
Response
• Call the Plant Operations dispatcher at 1-7221 and report the problem.
• Try to keep people away from the problem area.

**Water Leak or Broken Pipe or Water Outage Response**

• If it is a small local leak, try to hold a rag or tape over the leaking area while someone else calls the Plant Operations dispatcher (1-7221) to report the problem.

• If you have access to the water pipes to that area, turn the water off and then report the problem to the Plant Operations dispatcher.

• If a major water pipe is broken, make sure all electrical equipment is shut off. Do not enter the flooded area. Have someone call the Plant Operations dispatcher (1-7221) immediately.

• Emergency Response Team members who are accountable for research areas dependent on cooling water (lasers, diffusion pumps, photomultipliers…) are responsible for calling the Plant Operations dispatcher (1-7221) and having themselves added to the notification list for water shutdowns. When notified of a water shutdown, the ERT member (or alternate) must activate their phone and email trees to pass the information on to all researchers dependent on water. If the shutdown is immediate, the information should also be transmitted in person by visiting each lab immediately after sending phone and email messages.
IV. Major Disaster Response

- Earthquake
- Terrorist Attack
- Tornado
Earthquake

The site of the University of Utah campus happens to be located on one of the most active earthquake zones in the world. Earthquakes strike suddenly, violently and without warning. Identifying potential hazards ahead of time and proper action during and immediately after an earthquake could literally mean the difference between life and death: yours!

Response

- Stay calm. The motion may be frightening, but unless it causes something to fall on you, the motion is harmless.
- Stay indoors until the shaking stops. Go to a safe place under a desk, table, bench, doorframe, between seating rows in a lecture hall or against an inside wall. Sitting at your desk with several shelves of heavy books above your head is not smart!
- Stay away from glass that could fall on you.
- If outdoors move away from buildings and utility wires. Once you are in an open area, stay there until the shaking stops.
- Do not run through or near damaged buildings. The greatest danger from falling debris is just outside doorways and close to outside walls.

After Minor Tremor (brief rolling motion)

- Examine your area for damage
- Report damage to the Plant Operations dispatcher at 1-7221; report hazardous materials releases to Environmental Health and Safety at 1-6950.
- Await instructions; evacuations are unlikely.

After Major Tremor (violent shaking)

- Check your work area for any coworkers who might have been injured.
- Do not attempt to move seriously injured people unless there is a danger of additional life threatening injury.
- Report injuries to the University Police dispatcher at 5-COPS (5-2677) or, if unavailable, 9-911 if you are able to.
- Do not use elevators.
- If the building is severely damaged, leave immediately. Move to the Emergency Assembly Point by the fountain between the Student Union and Student Services Buildings.
- Do not turn lights or office equipment on or off.
- Do not use any type of open flame for any purpose.
- If you smell natural gas, open a window if possible, and leave the building.
- Don’t reenter the building until cleared by the Department of Public Safety.
- Don’t use the telephone except to report the location of those seriously injured that cannot be moved safely.
- Notify your Department Representative on the Emergency Response Team (see Appendix V for a list of names)
- If you are the Department Representative, notify the Building Committee Chair or an alternate (see Appendix V).
- Await instruction, be patient, help others.
Terrorist Attack

The whole concept of a terrorist attack is so new and foreign to people in this country that we aren’t really able to establish reasonable scenarios for responding because we don’t yet have scenarios for the forms the attack could take. Hopefully we won’t get any more data! Examples to date are the bombing of the Murrah Federal Building in Oklahoma City, the attack on the World Trade Center, and the attack on Columbine High School. Anthrax was covered earlier.

Response

• In the event of a bomb attack, as in Oklahoma City, or “missile” attack, as in the World Trade Towers, the effect would be the same as fire and/or earthquake. Follow the instructions given previously for those events.

• Contact the BCC, currently Carleton DeTar, 212 INSCC, 1-7537, home: 521-8318, detar@physics.utah.edu, or alternate (see list on p. 2) so that the building can be evacuated as quickly and quietly as possible. Never use the elevator for an emergency evacuation unless you are disabled and have no other option.

• If the attack is only on our building and not campus wide, move to the Emergency Assembly Point by the fountain between the Union and Student Services Buildings so we can get an accurate accounting of survivors.

• If the attack is campus-wide, move to a safe location off campus.

• If the attack is by an armed individual or group (as in the Columbine case):
  (1) if the attackers are nearby, try to barricade yourself in a secure space
  (2) if the attackers are not nearby, evacuate by a route that takes you away from the attackers.

Follow-up

• If you are the Department Representative, notify the Building Committee Chair or an alternate (see p. 2).

• Contact your Emergency Response Team member (see list on p. 3) so we can get an accurate accounting of survivors.
Tornado

**Response**
- Go to the basement or to an inside hallway at the lowest level.
- Avoid places with wide-span roofs such as auditoriums and large hallways. Stay away from windows and open spaces.
- Get under a piece of sturdy furniture such as a workbench or heavy table or desk and hold on to it. If there is no sturdy furniture, squat low to the ground and cover head and neck.

**Follow-up**
- Evacuate carefully and do not reenter the building. Move to the Emergency Assembly Point by the fountain between the Student Union and Student Services Buildings.
- Report injuries to 9-911 if possible.
- Report building damage to the **Plant Operations dispatcher at 1-7221** and hazardous material releases to **Environmental Health and Safety at 1-6590**.
- Notify your Department Representative on the Emergency Response Team (see Appendix V for a list of names)
- If you are the Department Representative, notify the Building Committee Chair or an alternate (see Appendix V).
- Remain calm, assist injured, and await instructions.
V. Emergency Preparedness

- Chain of Command and Communications Tree
- INSCC Emergency Communications System
- Supplies and Equipment
- Building Evacuations
- Earthquake Preparedness
- Fire Prevention
- Laboratory Safety and Preparedness
- Electrical Power Emergency Preparedness
During a disaster, the University Emergency Operations Center (EOC) serves as a central coordination point for deploying resources and information to campus locations. Campus departments send emergency impact reports to their Satellite Operations Center (SOC), in our case the Research Vice President’s office, and the SOC transmits the information to the University Emergency Operations Center. You should know where you fit in this chain of command and what your duties are when this chain of command is activated.
INSCC Building Committee Chair and Alternates

- Primary responsibility for the health and safety of our Building and its occupants resides with the Building Committee Chair (BCC), currently Carleton DeTar, 212 INSCC, 1-7537, home: 521-8318, detar@physics.utah.edu, who is responsible for:
  - Ensuring that life-safety emergencies are reported to the University Police dispatcher at (5-COPS) 585-2677 or 9-911 (911 from pay phones).
  - Accounting for the safety of department personnel.
  - Contacting appropriate campus emergency response departments for safety or repairs assistance:
    - Plant Operations dispatch: 1-7221
    - Environmental Health and Safety: 1-6590
    - Police: 5-COPS, 5-2677
    - Radiological Health: 1-6141
  - Forwarding disaster impact reports to the Research Vice President and disseminating disaster instructions to his/her constituents via the communications tree described below.

- If the BCC is absent or incapacitated, the chain of command shall flow through alternates
- The BCC (and all of his/her alternates) is responsible for keeping a copy of the up to date contact information for the SOC (Research VP’s office) and for all ERT members in his/her office, at home and in some personal place where they are likely to have access to it in an emergency (day planner, wallet, Palm Pilot…). A copy of this contact information is attached to this Plan as Appendix V.

Emergency Response Team Department Representatives

- Members of the Emergency Response Team (ERT) are trained to help disseminate emergency instructions, assist evacuations and security, and provide first aid if appropriate. Each Department or Center in the Building shall have a representative on the ERT to coordinate and pass instructions between the BCC and the individuals in the Department or Center.
- It is the responsibility of the ERT members to maintain current lists of contact information (phone numbers, email addresses) for the BCC and for all individuals in their Department or Center. This information should be available at all times, in the office, in the lab, at home. Ideally a copy of the list should be kept in your wallet, day planner or Palm Pilot. The intent is that, in the event of an emergency, we have a mechanism in place to account for all personnel. A list of current ERT members and alternates is given in Appendix III.

Individual Employees and Students

- Each of us is responsible for maintaining lists of contact information for our Emergency Response Team members and their alternates.
• We must also keep an inventory of all laboratory equipment and supplies so that they can be replaced after a disaster.

**INSCC Building Emergency Committee**

• The responsibility of the INSCC Building Emergency Committee (BEC) members is to help develop and implement the Building Emergency Plan. The BEC members shall be familiar with each Department's programs and physical facilities, and shall:
  o Collaborate with the individual department heads and/or local representatives to develop and maintain the information in the Building Emergency Plan.
  o Arrange related staff education and training.
  o Purchase initial department emergency supplies and equipment.
  o Be ready to support each individual Department manager during an emergency incident (and be called back to campus if necessary).
  o Be ready to help prepare post-disaster impact summaries and insurance claims.
INSCC Emergency Communications System

During an emergency, the Building Committee Chair, or alternate, will communicate with the Vice President and pass instructions to the ERT members.

• If the emergency occurs outside of normal working hours, we will establish a “hotline” where individuals can call in for instructions. For this we will remotely program answering machines in the order of alternates listed below:
  - Carleton DeTar, 1-7537
  - DeeAnn Raynor, 1-5253
  - Matt DeLong, 1-7462
  - Julia Harrison, 1-5172
  - Charlie Ray (***)

• ERT members should also change their answering machine messages in an emergency so the machines can be used by members of their (each ERT member’s) Department to receive emergency information.

• ERT members should also build email distribution lists and telephone distribution lists to pass communications to members of their Departments. The instructions for building a telephone distribution list are given below.

Creating A Group Distribution List
• Call voice mail system (5-6411 or 585-6411 off campus)
• Enter password
• Select personal options by pressing 4
• Select administrative options by pressing 2
• Select group lists by pressing 2
• Select create a list by pressing 1
• Enter a two-digit list identifier (i.e. 11)
• Record a list name (i.e. group 11); up to 15 lists can be created
• Enter mailbox number (extension) of each person on the list; up to 25 numbers can be included
• When finished, to exit and save press *

Editing A Group Distribution List
• Follow steps 1-5 in creating a group distribution list
• Select edit list by pressing 2
• Enter the list number
• Enter the mailbox number you want to add or delete; if the number exists on list it will be deleted and if the number does not exist on the list it will be added
• Review all names on the list (optional) by pressing 1
• When finished, to exit and save press *

**Editing A Group Distribution List**
• Follow steps 1-5 in creating a group distribution list
• Select edit list by pressing 3
• Enter distribution list identifier (i.e. 11)
• Delete list by pressing 2

**Reviewing or Renaming A Group Distribution List**
• Follow steps 1-5 in creating a group distribution list
• Select names of lists by pressing 4
• Select review names by pressing 1 or rename list by pressing 2
Supplies and Equipment

The building and its inhabitants will need basic emergency supplies and equipment to be as self-sufficient as possible after an emergency.

Building Supplies
Building emergency supplies will include, at a minimum:

• First aid supplies, with instructions, ((1) Cabinet is installed on each floor). It is our intention that these kits be restocked semi-annually. If you use the kits for “routine medical emergencies”, please replace what you have taken so that the kits are available in case of a large-scale emergency or disaster. Locations are:
  o First floor: outside Room 129
  o Second floor: outside Room 210 on the south wall
  o Third floor: inside Room 380 (on west wall of Room West of the reception desk)
  o Fourth floor: 405 INSCC (Mail Cubicle wall above the water dispenser)

• Flashlights/batteries, approved power strips and extension cords. These will be the responsibility of each research group.

• Portable AM/FM radios/batteries. These will be the responsibility of each research group.

• Laboratory spill kits. A spill kit is available on top of the yellow chemical storage cabinet in Room 130.

• Employee rosters. It will be the responsibility of each ERT member to keep an up-to-date list of all employees in their Department.

Personal Supplies

• The INSCC Building Emergency Committee members shall annually encourage employees to keep a personal emergency kit in their work area.

• These kits should contain the employee's flashlight, back-up eyeglasses and medications, sturdy shoes, a sweater, a wrapped snack and water packet, and personal emergency contact numbers. Bear in mind that in the event of an earthquake, fire, or September 11-style attack, you may have to walk home! Normal government services that we daily take for granted (bus service, roads, telephones, electricity...) may not be available for days or weeks!

Building Evacuations

A building evacuation is mandatory whenever a fire alarm sounds, and building occupants must exit immediately. Building evacuations also follow severe earthquakes, after the shaking stops. (See section on earthquakes below.) After a building has been evacuated, occupants must wait for a safety inspection before re-entry.
**In the Event of a Building Evacuation**

- Do not use the elevator: use the stairs. Be aware that there are two stairways in the Building; know their locations.

- It is the responsibility of each ERT member to notify each member of their Department that the building is being evacuated by using email, the telephone distribution system and/or by traveling through the Building, assuming that this can be done without endangering themselves. A sample script is: “We have a _________ emergency. Evacuate the building; assemble at the north side of the water fountain between the Union and Student Services Buildings. Take your belongings. Do not use the elevators. On your way out, assure that all fire doors are closed.”

- It is the responsibility of each ERT member to identify handicapped persons in their department and plan the evacuation of those persons.

- **** In the event of a building evacuation, it is crucial that all building occupants assemble at the Emergency Assembly Point (EAP). The EAP for INSCC is the north side of the water fountain between the Union and Student Services Buildings. At the EAP, personnel will notify their managers of their safety and receive instructions on how to proceed. ERT members should have a copy of their personnel rosters at the EAP and be prepared to account for personnel. Those who have assembled at the EAP should be polled to make a list of those who have been recently seen or are otherwise expected but are not present. Lists of those accounted for and those missing shall be forwarded to both the INSCC SOC (Research VP’s office) and the Department and SOC to which each ERT member reports.

- If a complete campus evacuation and closure is necessary during a disaster, it will be announced and coordinated by the University’s Emergency Management Team from the Emergency Operations Center. Campus evacuations will be sequential to maintain safety and avoid traffic gridlock.
Earthquake Preparedness

- Know how and where to take cover during a quake. If indoors, stay indoors until the shaking stops. Go to a safe place under a desk, table, bench, doorframe, between seating rows in a lecture hall or against an inside wall. Stay away from glass. If outdoors, move away from buildings and utility wires. Once you are in an open area, stay there until the shaking stops.
- Anchor bookcases, cabinets, and files over 42”.
- Do not stack furniture.
- Move tall furniture away from exits. Do not use tall furniture as room dividers.
- Secure computers, equipment, and display cases. Store heavy items at floor level.
- Back-up data and sensitive information, store duplicates off-site.
- Prepare a 72-hour emergency kit to sustain you in case you are unable to return home after the quake. See Appendix VI for a list of items to include in such a kit.
Fire Prevention

- Know the location of alarm stations and extinguishers. Know how to use them.
- Leave fire doors closed at all times.
- Clear obstructed corridors, aisles and room exits.
- Use only grounded electrical plugs.
- Limit use of extension cords and multiple outlets.
- Do not use mechanical rooms or utility rooms for storage.
- Do not smoke in University buildings.
Laboratory Safety and Preparedness

- Maintain a clean work environment
- Post lab safety work rules - train all personnel.
- Inventory and label chemicals. Do not purchase excess quantities of chemicals.
- Segregate incompatible chemicals. Keep flammables in flammable storage cabinets.
- Keep copies of Material Safety Data Sheets and/or a chemical dictionary available.
- Back up data off-site.
- Investigate emergency power options.
- Install seismic restraints on chemical storage shelves. Latch cabinet doors.
- Anchor equipment and furniture. Avoid high storage of heavy items.
- Chain compressed gas cylinders at 1/3 and 2/3 points.
- Do not store hazardous materials on mobile carts.
- Dispose of chemical waste properly (Call EHS at 1-6590 or access from their website).
- All laboratory workers, or persons using hazardous materials must be trained in how to clean up the materials they are using. Spill Kits are required in all areas where chemicals are used or stored - employees who work in those areas must be trained in how to use the kits and in how to activate the Emergency Response Procedures for Major Spills. The spill kit is on top of the yellow chemical cabinet in INSCC 130.
Electrical Power Emergency Preparedness

- Identify and prioritize vital power-dependent functions, operations, and equipment.
- Determine whether you have emergency power outlets (red) in your area. Plan to use them for priority functions only.
- Determine if there is emergency lighting in your area. Keep flashlights available in all work areas.
- Keep battery back up equipment (laptops, cellular phones, etc) fully charged.
- Do not overload power strips. Extension cords are for emergency use only.
VI. Appendices

- Employee First Report of Injury
- Incident After-Action Report
- Bomb Threat Checklist
- Emergency Response Guide
- 72 Hour Emergency/Survival Kit
- Map to Emergency Assembly Point
Appendix I: Employee First Report of Injury

WORKERS COMPENSATION FUND OF UTAH

Form 122

WORKERS COMPENSATION EMPLOYER'S FIRST REPORT OF INJURY OR ILLNESS
CONTAINS ALL ITEMS REQUIRED BY OSHA FORM 101 (Enter all data in MM/DD/YYYY format)

EMPLOYER NAME & ADDRESS

UNIVERSITY OF UTAH
WORKERS COMPENSATION (114 ANNEX)
1501 EAST SOUTH CAMPUSS DRIVE
SALT LAKE CITY UT 84112

INSURED CLAIM NUMBER

JURISDICTION

JURISDICTION CLAIM NUMBER

INSURED REPORT NUMBER

EMPLOYER'S LOCATION ADDRESS (IF DIFFERENT)

SAME

LOCATION #

SAME AS CARRIER

PHONE #

(801) 581-4708

CLAIMS ADMINISTRATION PHONE, ADDRESS & PHONE NO.

SAME AS CARRIER

POLICIES/HISTORY NUMBER

CLAIMS ADMINISTRATION PHONE, ADDRESS & PHONE NO.

SAME AS CARRIER

AGENT NAME & CODE NUMBER

ADMINISTRATOR NAME & CODE NUMBER

NAME (LAST, FIRST, MIDDLE)

DATE OF BIRTH

SOCIAL SECURITY NUMBER

DATE HIRED

STATE OF HIRE

ADDRESS (LINE 1)

YES

M Male

U Unmarried

 Occupation / Age Title

NO

F Female

S Single

U Unknown

K Unknown

EMPLOYMENT STATUS

TYPE OF INJURY / ILLNESS

PART OF BODY AFFECTED

DID INJURY / ILLNESS OCCUR DURING EMPLOYEE'S BENEFITS?

NO

YES

EMPLOYEE'S BENEFITS CODE

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Appendix II: Incident After-Action Report

University of Utah

Incident After-Action Report
Complete this after action report after normal operations have resumed.
(Please Print)

Notified of Incident by:

Date and Time of Notification:

Nature of Incident Reported to You:

Location of Incident:

Details of Incident As Reported to You:
Action Taken By You:

Additional Information You Can Provide:
Submitted by: (print) __________________________ (Signature) __________________________

Submit to Environmental Health and Safety, Bldg. #605 Fort Douglas.
Appendix III: Bomb Threat Checklist

Immediately call 585-2677
Questions to ask:
1. When is the bomb going to explode?
2. Where is it right now?
3. What does it look like?
4. What kind of bomb is it?
5. What will cause it to explode?
6. Did you place the bomb?
7. Why?
8. What is your name?
9. What is your address?

Exact Wording of the Threat:

Caller’s Voice:
___ Calm  ___ Nasal
___ Angry  ___ Stutter
___ Excited  ___ Lisp
___ Slow  ___ Raspy
___ Rapid  ___ Deep
___ Soft  ___ Ragged
___ Loud  ___ Clearing Throat
___ Laughter  ___ Deep Breathing
___ Crying  ___ Cracking Voice
___ Normal  ___ Disguised
___ Distinct  ___ Accent
___ Slurred  ___ Familiar

If the voice is familiar, who did it sound like?

Background Sounds:
___ Street noises  ___ Factory machines
___ Crockery  ___ Animal noises
___ Voices  ___ Clear
___ PA System  ___ Static
___ Music  ___ Local Call
___ House noises  ___ Long Distance
___ Motor  ___ Office Equipment
___ Phone Booth  ___ Other_________

Threat Language:
___ Well Spoken  ___ Incoherent
   (educated)  ___ Taped
___ Foul  ___ Message Read
___ Irrational  by Caller

Remarks:
________________________________________________________________________
________________________________________________________________________
## Appendix IV: Emergency Response Guide

YOU ARE IN ROOM# ___________ IN BLDG# ___________ AT (PHONE#) ______________

<table>
<thead>
<tr>
<th>EMERGENCY EVENT</th>
<th>FIRST ACTION</th>
<th>THEN DO THIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CARDIAC ARREST</td>
<td>xt. 5-2677</td>
<td>Ensure access to the area, CPR if qualified.</td>
</tr>
<tr>
<td>CHEMICAL SPILL IS or MIGHT BE LIFE THREATENING</td>
<td>xt. 5-2677</td>
<td>Evacuate to a nearby area, remove victims clothing, douse with water for 15 minutes.</td>
</tr>
<tr>
<td>CHEMICAL SPILL NOT LIFE THREATENING</td>
<td>xt. 1-6590 7a-5p/Enviro Health &amp; Safety xt 5-2677 24hrs/University Police</td>
<td>Secure spill area, notify others in the vicinity, institute clean up procedures.</td>
</tr>
<tr>
<td>EARTHQUAKE</td>
<td>Do not call. - unless a gas leak is detected xt. 5-2677 24 hrs/University Police</td>
<td>Inside: get under a stable structure; Outdoors: get into open area after the tremor</td>
</tr>
<tr>
<td>FIRE OR EXPLOSION</td>
<td>Pull local alarm</td>
<td>Close doors, evacuate nearby Call University Police 5-2677</td>
</tr>
<tr>
<td>MEDICAL ASSIST</td>
<td>xt. 5-2677</td>
<td>Complete reporting form - Employees: “First Report” E-1 Student/Visitor: Accident/Injury</td>
</tr>
<tr>
<td>RADIOACTIVE SPILL</td>
<td>xt. 1-6141 8a-5p Radiological Health xt 5-2677 24 hrs/ University Police</td>
<td>Detain those contaminated; consult Radiation Safety Manual</td>
</tr>
<tr>
<td>SECURITY PROBLEMS PERSON OR ANIMAL</td>
<td>xt. 5-2677</td>
<td>Get a complete description.</td>
</tr>
<tr>
<td>ODD ODOR</td>
<td>xt 1-6590 7a-5p/Enviro Health &amp; Safety</td>
<td>Try to identify the odor and the source.</td>
</tr>
<tr>
<td>UTILITY FAILURE</td>
<td>xt. 1-7221 7:30a-5p/Facilities xt. 5-2677 24 hrs/University Police</td>
<td>Give exact location. Turn off equipment, major appliances. Do not use open flames for lighting.</td>
</tr>
</tbody>
</table>

EMERGENCY ASSEMBLY POINT (OUTSIDE) IDENTIFIED BY MY DEPARTMENT:

Format courtesy of Howard Hughes Medical Institute.
Appendix V: 72 Hour Emergency/Survival Kit

This 72-hour kit should meet the needs of your family. Use ready to eat foods your family will eat and hobbies and entertainment your family likes to do. Include individual medication as required by your family members. Whatever container is used should be portable.

A class ABC fire extinguisher is recommended for each home.

IMMEDIATELY AVAILABLE
Battery powered radio
Flashlight and extra batteries

EMERGENCY NEEDS
Instruction Manuals on Emergency Preparedness
Water storage
Sleeping bags & blankets

SANITATION KIT
Plastic bucket w/ tight fitted lid
Plastic bags and ties
Toilet paper
Disinfectant
Improvised toilet seat
Feminine hygienic needs
Paper towels
Soap
Paper cups
Paper plates
Plastic utensils
Can opener
Utility knife

SUGGESTED ADDITIONS
Family photographs
Medical information sheet
Insurance information
Identification for each family member
Will or trust information (copies)

STRESS FACTORS
Children
  Coloring Book
  Crayons
Adults
  Books
  Needle Work

FOOD
Ready-to-eat (canned)
Meats: Tuna, Sardines, Spam, Vienna Sausages
Fruit cocktail
Peanut Butter
Powdered Milk
Infant Care: Canned milk and bottles
Dried fruit: (caution: drink plenty of water
Raisins, prunes, fruit leather
Crackers

STRESS FOODS
Sugar Cookies
Sweetened cereals
Hard Candy

CAR NEEDS
Standard First Aid Kit
Blanket
Flashlight and batteries
Reflectors and flares

STANDARD FIRST AID KIT
First Aid manual
Spirits of ammonia
Scissors
Table salt
Baking soda
Eye drops
Safety pins
Matches
Adhesive or paper tape
Bandages
  Telfa pads (4”x4”)
  Triangle bandage (37”x37”x52”)
  Roll of gauze
  Coban Elastic Bandage
Splints
  Popsicle sticks
  Shingles or thin board
  40 page newspaper
Heavy String

AT LEAST ONE CHANGE OF CLOTHING FOR EACH FAMILY MEMBER

SOURCES
EMERGENCY ESSENTIALS
8928 South 700 East
Sandy, Ut 84070
(801) 561-1168
or
3227 No. Canyon Road
Provo, Ut 84604
(801) 373-1047

PREPAREDNESS PRODUCTS
3855 South 500 West
SLC, Ut 84115
(810) 261-8823
Appendix VI: Map to Emergency Assembly Point
Appendix VII: Hazardous materials in INSCC

INSCC 130 (Chemical cabinet)
Isopropyl alcohol
Potassium ferricyanide
Potassium iodide
Dichloromethane
Xylene
Acetonitrile
Ethyl acetate
Carbon disulfide
Benzyl alcohol
Dichloroethane
Carbon tetrachloride
Ammonium bifluoride
Methanol
Chloroform
2-vinylpyridine
ammonium hydroxide
formic acid
hydrochloric acid
dimethylsulfoxide
Potassium metal
Sodium salicylate

INSCC 134
Propylene carbonate
Ethylene glycol