Recent theoretical work on the role of microscopic chaos in the dynamics and relaxation of many-body quantum systems has made several experimentally confirmed predictions about the systems of interacting nuclear spins in solids, focusing in particular on the shapes of spin echo responses measured by nuclear magnetic resonance. These predictions were based on the idea that the transverse nuclear spin decays evolve in a manner governed at long times by the slowest decaying eigenmode of the quantum system, analogous to a chaotic resonance in a classical system. The present paper extends the above investigations both theoretically and experimentally. On the theoretical side, the notion of chaotic eigenmodes is used to make predictions about the relationships between the long-time behavior of the nuclear free induction decay and the amplitudes and phases of spin echoes. On the experimental side, the above predictions are tested for the nuclear spin decays of $^{19}$F in CaF$_2$ crystals and $^{129}$Xe in frozen xenon. Good agreement between the theory and the experiment is found.

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I. INTRODUCTION

The role of microscopic chaos in the observable behavior of macroscopic objects is a notoriously difficult elusive issue. On the theoretical side, the notion of chaos in many-body quantum systems is often brought up in the context of level spacings statistics, eigenstate thermalization hypothesis, or quantum fidelity decay. These properties are well defined mathematically but, at the same time, virtually impossible to verify for macroscopic systems. The aspect of chaos more directly related to the observable relaxation in macroscopic systems is the existence of eigenmodes of the time evolution operator in chaotic systems known as Pollicott-Ruelle resonances. Even though these eigenmodes were originally defined for classical systems, a number of authors discussed promising indications that this notion can be extended to many-body quantum systems. At the same time, direct numerical studies of equilibration dynamics in quantum systems are limited to relatively small numbers of particles and as such do not reveal a consistent picture. These difficulties may, in turn, be related to the possibility that finite quantum systems tend to exhibit unconventional statistical ensembles under external perturbations. It is therefore clear that exploring the connection between chaos and quantum relaxation requires help from experiments which can deal with truly macroscopic quantum systems. In the present paper we focus on a possible experimental implication of microscopic chaos for free induction decays (FIDs) and spin echoes measured by nuclear magnetic resonance (NMR) in solids.

Previously, one of us (B.V.F) has argued that as a consequence of microscopic chaos induced by generic nonlinear interaction between nuclear spins, the long-time behavior of nuclear FIDs in solids has the universal long-time form

$$F(t) = Ae^{-\gamma t} \cos(\omega t - \phi_\omega),$$  

where $A$, $\gamma$, $\omega$, and $\phi_\omega$ are constants. Depending on the microscopic Hamiltonian of interacting nuclear spins, the frequency $\omega$ may be equal to zero. However, in the most common case of the magnetic dipole interaction, $\omega$ has a finite value (see the discussion in Ref. 15). Indeed, such behavior was observed as generic in the experimental and numerical studies of quantum and classical spin systems. In a typical case, the constants $\gamma$ and $\omega$ fall on the fastest natural microscopic time scale of the nuclear spin system, thereby precluding any explanation of the above behavior in terms of a damped harmonic oscillator—such an explanation would require a separation of time scales between the slow observable $F(t)$ and much faster microscopic motion.

The theoretical analysis of Ref. 15 predicted only the functional form (1) of the long-time FID behavior without predicting the parameters $A$, $\gamma$, $\omega$, and $\phi_\omega$. A later paper went further and predicted that different spin echoes initiated in the same system by perturbing the FID with almost any sequence of radio-frequency (rf) pulses would have different initial behavior but then evolve to exhibit the long-time behavior characterized by the same time constants $\gamma$ and $\omega$. This prediction was confirmed experimentally in Refs. 27,28 for hyperpolarized solid xenon and CaF$_2$. A related possible experimental indication of chaos was reported earlier in the context of NMR polarization echo studies.

The present paper explores the chaos-related notion that the long-time behavior of many-spin density matrices created in the course of the FID has a self-similar form accompanying exponentially decaying oscillations. In Sec. II, we show theoretically that for the spin echoes initiated by perturbing the FID in the above long-time regime, all possible shapes of the echo responses are superpositions of two basic shapes with the relative weight of each shape determined by the phase of the FID oscillations at the time of the echo pulse. This two-shape decomposition is predicted to lead to a definite relationship between the long-time oscillation phase of the original FID and the long-time oscillation phases of the echo responses. In Sec. III, we verify the above predictions experimentally for CaF$_2$, and include measurements on solid xenon in the Appendix.

II. THEORY

The prediction of universal behavior of quantum spin systems in Refs. 15 and 31 was based on the conjecture that
the long-time behavior (1) is a manifestation of the slowest
decaying chaotic eigenmode of the time-evolution operator,
similar to a Pollicott-Ruelle resonance.\textsuperscript{1,12} Such eigenmodes
control not just one observable quantity $F(t)$ but also the
evolutions of many-spin density matrices within the system
\begin{equation}
\rho_{kl}(t) = \rho_{0,kl}e^{-(\gamma + i\omega)t} + \frac{1}{T_1} \rho_{0,kl}^*e^{-(\gamma - i\omega)t},
\end{equation}
where $\rho_{0,kl}(t)$ is the density matrix for any finite subsystem of
the entire spin system, i.e., $\rho_{0,kl}(t)$ can be a one-spin density
matrix, two-spin density matrix, or, in general, an $n$-spin
density matrix, provided $n$ is much smaller than the total
number of spins in the system. As is often done in the NMR
literature, Eq. (2) represents the leading correction to the
infinite temperature density matrix $\rho_{kl} = 1$. The term $\rho_{0,kl} = 1$
does not contribute to the measured spin polarization. This
high-temperature approximation should remain valid as long
as the initial nuclear polarization is not too large, in the sense
that the initial energy of the nuclear spin system with respect
to the effective Hamiltonian of nuclear spin-spin interaction
in the Larmor rotating reference frame is close to the energy
of the infinite temperature state. If the initial polarization
is too large, then the system is expected to relax to a finite
temperature equilibrium determined by its initial energy,
in which case Eq. (2) would represent the correction to the
equilibrium density matrix for the final temperature.

Equation (2) is the only connection between the theo-
retical analysis in this paper and the notion of microscopic
chaos. Namely, the assumption of microscopic chaos justifies
the proposition that well-defined relaxational eigenmodes
of the time-evolution operator of the entire system exist.
In turn, the notion of an eigenmode of the time-evolution
operator implies that the values of $\gamma$ and $\omega$ do not depend
on the order of the density matrix. Whatever the initial form
of the $n$-spin density matrix, the long-time behavior would
then be dominated by the slowest chaotic eigenmode of form
(2) (among those compatible with the symmetry of the initial
density matrix). The time-independent non-Hermitian form
of $\rho_{0,kl}$ for a given order of the density matrix, as well as
the values of $\gamma$ and $\omega$, are determined by the microscopic
Hamiltonian of the system. While the above connection to
microscopic chaos is very indirect, we are not aware of
any other framework justifying Eq. (2). Our assumption of
microscopic chaos is, in turn, motivated by the nonintegrable
character of nuclear dynamics governed by the nuclear spin-
spin interaction Hamiltonian in the Larmor rotating reference
frame.\textsuperscript{15}

The experimental evidence available so far is obtained from
the total polarization of nuclear spins and, as such, indicates
that the decay (2) is certainly present in the behavior of
the one-spin density matrix, but not necessarily two-spin, three-
spin, or progressively higher-order-spin density matrices.
Higher-order density matrices are responsible for higher-order
nuclear correlations (spin coherences in NMR language). The
FID starts from a factorizable density matrix for the entire
system,\textsuperscript{33} meaning that the initial nuclear spin configuration
is uncorrelated. Therefore, the expectation behind Eq. (2) is
that the higher-order correlations first develop dynamically
and then start decaying,\textsuperscript{34} eventually approaching form (2).
The effect of the echo pulse does not reverse but rather
modifies the higher-order correlations. The predictions made
below about the relationship between the shape of the echo
response and the phase of the long-time FID beats at the time
of the echo pulse are expected to be incorrect if the many-spin
density matrices preceding the echo pulse do not exhibit the
long-time behavior of form (2) with the same parameters $\gamma$
and $\omega$ independent of the order of the density matrix. On
the other hand, the experimental confirmation of this relationship
significantly strengthens the picture based on the notion of
chaotic relaxation modes (Pollicott-Ruelle resonances).

We use the theoretical framework of Ref. 31. The quantity
called the “signal” is the total polarization of nuclear spins
transverse to the external magnetic field. We consider the NMR
response to the sequence of two rf pulses
\begin{equation}
90^\circ_1 - \tau - X,
\end{equation}
where the $90^\circ_1$ pulse initiates the free induction decay and, after
the delay time $\tau$, pulse $X$ “scrambles” the time evolution
of the spin system. The FID between the two pulses is to be denoted
by function $F(t)$, and the signal at time ($t - \tau$) after the second
pulse is to be characterized by the echo response function
$\hat{F}(t,\tau)$. Time $t$ is understood to be measured from the time
of the first pulse. Most of the experimental tests of the FID-
spin-echo relationships reported in Refs. 27,28 used the solid
echo pulse sequence characterized by $X = 90^\circ_1 - \tau$.\textsuperscript{33,35}

In the rest of this paper, we focus on the echo response
$\hat{F}(t,\tau)$, which is initiated at a time $\tau$ sufficiently long such that
the FID function $F(t)$ has already reached the asymptotic form
(1). This long-time FID regime was considered in Ref. 31, but
there the main focus was on obtaining the envelope of the Hahn
spin echo sequence $90^\circ_1 - \tau - 180^\circ_1 - \tau$ for heteronuclear spin
systems in an inhomogeneous magnetic field, in which case
the echo can be monitored only at time $\tau$ following the second
pulse. In the present paper, we assume that the magnetic
field is homogeneous, and thus that the echo response to the
pulse sequence (3) can be monitored at any moment of time
following the pulse $X$. We further assume that the shapes of the
FIDs and echoes are determined by the dynamics of an isolated
system of interacting nuclear spins in the Larmor rotating
reference frame. The interaction Hamiltonian is assumed to
be nonintegrable, such as the case of the standard Hamiltonian
of truncated magnetic-dipolar interaction.\textsuperscript{33}

When $\omega \neq 0$, the long-time behavior of the density matrix
(2) consists of the sum of the two Hermitian-conjugate terms
\begin{equation}
\rho_{0,kl}e^{-(\gamma + i\omega)t} \quad \text{and} \quad \rho_{0,kl}^*e^{-(\gamma - i\omega)t}.
\end{equation}
Each of these terms evolves in time in a self-similar way, in the sense that the evolution is
controlled by the time-independent matrix $\rho_{0,kl}$ or $\rho_{0,kl}^*$, while the
time evolution of the entire density matrix $\rho_{kl}(t)$ is reduced to re-scaling each of the above terms and changing their relative
phase. As a result, we can also express the long-time behavior
of the FID signal as the sum of two corresponding contributions
\begin{equation}
F(\tau) = f(\tau) + f^*(\tau),
\end{equation}
where
\begin{equation}
f(\tau) = \frac{1}{\pi} a e^{-(\gamma + i\omega)\tau},
\end{equation}
and $a$ is a complex-valued constant. Following pulse $X$, the
new density matrix becomes
\begin{equation}
\rho_{kl}(\tau + \tau_+) = e^{-(\gamma + i\omega)\tau} \hat{U}_X \rho_{0,kl} + e^{-(\gamma - i\omega)\tau} \hat{U}_X^* \rho_{0,kl}^*.
\end{equation}
where $\hat{X}$ is the quantum operator representing the effect of pulse $X$ in the Liouville space of the appropriate subsystem. As a result, we obtain

$$
\tilde{F}(\tau,t) = f(t)\tilde{f}(t-\tau) + f^*(t)\tilde{f}^*(t-\tau) = \left[a|e^{-\gamma t}|\cos(\omega t - \phi_a)\text{Re}\tilde{f}(t-\tau) + \sin(\omega t - \phi_a)|\text{Im}\tilde{f}(t-\tau),
$$
(7)

where $\tilde{f}(t-\tau)$ is the self-similar shape of the echo response associated with the first term in Eq. (6), and $\phi_a$ is the complex phase of $a$.

Equation (7) implies that one can experimentally measure any two echo responses $\tilde{F}(\tau_1,t)$ and $\tilde{F}(\tau_2,t)$, such that $\omega(t_2-t_1)$ is not equal to a multiple of $\pi$, then extract from these two responses functions $\text{Re}\tilde{f}(t-\tau)$ and $\text{Im}\tilde{f}(t-\tau)$, and then, finally, predict $\tilde{F}(\tau,t)$ for all other $\tau$. In fact, function $\text{Im}\tilde{f}(t-\tau)$ can be measured directly by applying pulse $X$ at a node of the FID, where $\cos(\omega t - \phi_a) = 0$, while $\text{Re}\tilde{f}(t-\tau)$ can be measured by applying pulse $X$ in the middle between two nodes, where $\sin(\omega t - \phi_a) = 0$.

We can now elaborate on the long-time behavior of $\tilde{f}(t-\tau)$ in order to relate the phases of the FID beats with the phases measured by applying pulse $X$ at a node of the long-time regime of the FID. There are also additional theoretical complications related to the polycrystalline nature of the solid xenon that would make the predictions less rigorous, even if the echoes obtained were well into the long-time regime. As a consequence, the $^{129}$Xe data are included in the Appendix.

The FID and solid echoes of $^{19}$F in CaF$_2$ were acquired at room temperature in an external magnetic field of 2 T ($^{19}$F Larmor frequency 83.55 MHz). The CaF$_2$ crystal used in our experiments was obtained from Optovac, Inc., and is lightly doped with paramagnetic impurities (0.01% Ce) to reduce $T_1$ to $\approx 2$ s at 2 T. The CaF$_2$ crystal was prepared with [100] axis along the long dimension of the cylinder. The crystal was then held with the magnetic field along the [001] direction. The data were acquired with an Apollo (Tecmag) spectrometer using 2 $\mu$s square pulses with a receiver dead time of 13 $\mu$s. Using these parameters, 1000 transients were averaged with a repetition time of 10 s for each experiment to enhance the signal-to-noise ratio. Thirty-two solid echoes were acquired, one every 2.5 $\mu$s from 16 to 96 $\mu$s. The family of representative echoes is shown in Fig. 1.
FIG. 1. (Color online) $^{19}$F solid echoes in CaF$_2$. Half of the 32 acquired solid echoes are shown, split between (a) and (b) for visual clarity. The echoes shown are acquired every 5 μs from 16 to 96 μs. The first point of each echo is indicated by a solid circle to guide the eye. The dashed line represents the long-time FID fit given by Eq. (1). The inset of (a) shows the experimental FID (solid line) and the long-time fit (dashed line) on a linear scale in a time interval around $t = 60$ μs, where the two lines start deviating from each other.

Operationally, we identify the long-time FID regime as follows: We measure the FID over as long a time as possible, fit its tail by Eq. (1), and then define the onset of the long-time regime as the moment of time when the fit deviates from the measured FID by 5%. This moment of time occurs during the second FID beat at $t ≈ 60$ μs (see Fig. 1). Therefore, we assume that echoes generated after time $t = 60$ μs meet the criteria for testing the predictions made in Sec. II.

Determination of the amplitude $|a|$, decay coefficient $\gamma$, beat frequency $\omega$, and complex phase $\phi_a$ of the FIDs in CaF$_2$ was made by fits to Eq. (1) (see Table I). The amplitude $|C(\tau)|$ and complex phase $\phi_C$ of each echo signal were determined by fitting each solid echo signal to Eq. (9) with $\gamma$, $\omega$, $|a|$, and $\phi_a$ fixed to the values obtained from the fit to the FID.

In Fig. 2 we plot $|C(\tau)|^2$ and $|C(\tau)| \cos \phi_C$ for the solid echoes of $^{19}$F in CaF$_2$. The solid lines are the fits to either Eq. (13) or Eq. (14), from which the parameters in Table I were obtained. Figure 2 shows the results for echoes initiated in both the early-time and the long-time regimes of the FID in order to illustrate the approach to the long-time behavior described by Eqs. (13) and (14).

Tests 1 and 2 formulated at the end of Sec. II are then carried out. The predicted and the measured values of parameters $D_1$ and $B_2$ are listed in Table II. We find that in each test the predicted and the measured values agree with each other within the experimental uncertainties.

Finally, Sec. II contains a more general prediction: that all possible shapes of echo responses including both the initial

<table>
<thead>
<tr>
<th>FID parameters</th>
<th>Solid echo parameters</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
<td>a</td>
</tr>
<tr>
<td>$\phi_a = 1.921 \pm 0.006$</td>
<td>$D_1 = 2.1 \pm 0.3$ $D_2 = 4.2 \pm 0.4$</td>
</tr>
<tr>
<td>$\gamma = 0.0414 \pm 0.0008 \mu s^{-1}$</td>
<td>$\phi_1 = -1.5 \pm 0.1$ $\phi_2 = 0.4 \pm 0.1$</td>
</tr>
<tr>
<td>$\omega = 0.120 \pm 0.007 \mu s^{-1}$</td>
<td></td>
</tr>
</tbody>
</table>

FIG. 2. (Color online) (a) Amplitudes and (b) phases of $^{19}$F solid echoes in CaF$_2$ as a function of interpulse delay time $\tau$. Open circles represent echoes generated in the early time of the FID, while solid circles represent echoes generated in the long time of the FID. The solid line (red) is the best fit of the long-time data to Eq. (13) for (a) or to Eq. (14) for (b).
and the long-time behaviors can be obtained from two basic functions $\text{Re} f(t - \tau)$ and $\text{Im} f(t - \tau)$ as described by Eq. (7). To determine these functions, we chose two measured echo responses $\tilde{F}(\tau_1, t)$ and $\tilde{F}(\tau_2, t)$ initiated at times $\tau_1 = 81.0 \mu s$ and $\tau_2 = 93.5 \mu s$, respectively. According to Eq. (7)

$$\tilde{F}(\tau_1, t' + \tau_1) = A_1 \text{Re} \tilde{f}(t') + B_1 \text{Im} \tilde{f}(t'),$$

(15)

$$\tilde{F}(\tau_2, t' + \tau_2) = A_2 \text{Re} \tilde{f}(t') + B_2 \text{Im} \tilde{f}(t'),$$

(16)

where in Eq. (15) $t' = t - \tau_1$, $A_1 = F(\tau_1)$, and $B_1 = F(\tau_1) \tan(\omega \tau_1 - \varphi_0)$, while in Eq. (15) $t' = t - \tau_2$, $A_1 = F(\tau_2)$, and $B_1 = F(\tau_2) \tan(\omega \tau_2 - \varphi_0)$. Here $F(\tau_1)$ and $F(\tau_2)$ are the measured values of the FID at times $\tau_1$ and $\tau_2$, respectively. Now we express functions $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$ in terms of the measured functions $\tilde{F}(\tau_1, t' + \tau_1)$ and $\tilde{F}(\tau_2, t' + \tau_2)$ by solving the system of linear equations (15) and (16) and then substitute $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$ back to Eq. (7) to predict other echo responses initiated in the long-time FID regime. The functions $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$ are plotted in Fig. 3. Since for solid echoes $F(\tau, \tau) = F(\tau)$, Eq. (7) implies that $\text{Re} \tilde{f}(0) = 1$ and $\text{Im} \tilde{f}(0) = 0$; however, due to the finite (13 $\mu s$) recovery time of our spectrometer, we were unable to measure these functions back to time $t' = 0$.

In Fig. 4, we show several of the measured echoes in CaF$_2$. Each echo $\tilde{F}(\tau, t' + \tau)$ in Fig. 4 has been multiplied by a factor $e^{\gamma t'}$ to correct for the exponential decay of the FID at their respective initial time values. Labeled in the plot legend are the two echoes $\tilde{F}(\tau_1, t' + \tau_1)$ and $\tilde{F}(\tau_2, t' + \tau_2)$ used in determining the shape functions $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$. In Fig. 5, the measured echo responses initiated at $\tau = 61.66, 76.83, 5.86, 91.0 \mu s$ are compared with the predicted ones obtained by substituting $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$ into Eq. (7). We observe in Fig. 5 that the agreement of the long-time behavior between the predicted and the measured echo responses is very good for all echoes, which is consistent with the results presented in Table II and Fig. 2. The initial behavior of the early echo responses ($\tau = 61, 66, 76 \mu s$) exhibits some initial discrepancies between the predicted and measured behaviors. However, it is clear that the predicted behavior still captures the evolution of the measured echo shapes in a satisfactory way. In particular, the long-time tails of the predicted and the measured early echoes converge to each other. In the later echoes ($\tau = 83.51, 86, 91 \mu s$), the above initial discrepancy no longer appears, and the entire echo shape is found to agree with the predicted shape.

A possible reason for the above initial discrepancy in the early echoes may be the presence of the chaotic eigenmodes that decay faster than the slowest mode controlling the long-time FID behavior (1), but still not fast enough to completely disappear by time $\tau$ when the echo is initiated. The existence of a well-separated second slowest eigenmode was demonstrated by the recent experiment of Meier et al. on a CaF$_2$ crystal for the same orientation with respect to the magnetic field. This second eigenmode disappears below the noise level on the time scale of 60 $\mu s$. These additional eigenmodes are probably more pronounced in the higher-order spin correlations, because these correlations develop in the course of the FID evolution only after an initial time delay with respect to the beginning of the FID. Therefore, the behavior of many-spin density matrices should approach the long-time form (2) also with some delay with respect to the time when the FID starts exhibiting the universal long-time form (1).

The same additional eigenmode may be controlling the approach of $|C(\tau)|^2$ to the predicted asymptotic behavior in Fig. 2(a). This approach takes place on the same timescale of 60 $\mu s$. In addition, we observe that the frequency $\omega$ of the second slowest eigenmode measured in Ref. 29 is not much different from the frequency of the slowest eigenmode, while the decay constants $\gamma$ for the two modes are different by a factor of two. This may explain the fact apparent from comparison between Figs. 2(a) and 2(b), namely, as a function

<table>
<thead>
<tr>
<th>Test</th>
<th>$D_1$ predicted</th>
<th>$B_2$ predicted</th>
<th>$D_1$ measured</th>
<th>$B_2$ measured</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test 1</td>
<td>2.3 ± 0.3</td>
<td>−0.01 ± 0.07</td>
<td>2.1 ± 0.3</td>
<td>0.0 ± 0.3</td>
</tr>
<tr>
<td>Test 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

TABLE II. Two tests of the theoretical predictions formulated at the end of Sec. II.

FIG. 3. (Color online) Shape functions $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$ obtained from the linear system of Eqs. (15) and (16).

FIG. 4. (Color online) $^{19}$F solid echoes in CaF$_2$ labeled by their interpulse delay times $\tau$. The quantity plotted is $e^{\gamma t'} \tilde{F}(\tau, t' + \tau)$. The 81.0 and 93.5 $\mu s$ echoes represent the echoes used to obtain the shape functions $\text{Re} \tilde{f}(t')$ and $\text{Im} \tilde{f}(t')$.
FIG. 5. (Color online) $^{19}$F solid echoes in CaF$_2$ (solid lines). The red (broken) lines show the theoretical echo shapes obtained using the $\text{Re} \tilde{f}(\tau + \tau')$ and $\text{Im} \tilde{f}(\tau')$ shape functions. The quantity plotted is $e^{i\gamma \tau} \tilde{F}(\tau, \tau' + \tau)$. The values of $\tau$ are indicated in the plot legend.

of the delay time $\tau$, the phase of the echo beats approaches the long-time prediction faster than the echo amplitude.

IV. SUMMARY AND CONCLUSIONS

In this paper, we investigated the properties of spin echoes initiated in the regime where the nuclear FID has reached the universal exponentially damped oscillatory behavior. Using the theoretical framework motivated by the notion of microscopic chaos, we predicted how the shapes of the echo responses depend on the phase of the FID oscillations at the time of the echo pulse, and, in particular, obtained the phase relationships between the long-time oscillation of the FIDs and the echoes. We further conducted several experimental tests of the above predictions for FIDs and solid echoes in CaF$_2$ and solid xenon, and obtained results in good overall agreement with the theoretical expectations. The long-time phase relationships between the FID and the echoes were confirmed particularly well. This good agreement amounts to an indication that the long-time behavior of the higher-order spin density matrices has the form given by Eq. (2) with the same values of $\gamma$ and $\omega$ as the original FID. Such a behavior is expected for a relaxational eigenmode of the time-evolution operator in a chaotic system.

While the fundamental difficulties in defining the notion of microscopic chaos still remain, the present paper demonstrates that the approach of Refs. 15 and 31 based on making parallels with relaxational eigenmodes in classical chaotic systems continues to generate successful quantitative predictions. These predictions were made in a regime not accessible by controllable first-principles calculations. We are not aware of any other approach that would reproduce the same predictions under conditions that the quantities of interest (nuclear spin decays) evolve on the fastest microscopic time scale of the system.

ACKNOWLEDGMENT

This work was supported by NSF Grant No. PHY-0855482.

APPENDIX: MEASUREMENTS IN SOLID XENON

We have carried out measurements on $^{129}$Xe in solid xenon similar to those reported in Sec. III for CaF$_2$, but, due to experimental constraints described below, we were not able to generate solid echoes in the long-time regime of the FID. In this system, the signal-to-noise ratio is limited by the degree of hyperpolarization we were able to achieve in the solid xenon through optical pumping techniques (about 10%). The experimental FID in solid xenon is shown in Fig. 6. Even though it can be measured over five orders of magnitude, it exhibits fewer beats than in CaF$_2$ before the signal decays into the noise. This is because the ratio $\omega/\gamma$ in solid xenon is about 1.7, while in CaF$_2$ it is closer to 3 (see Tables I and III). As a result, echo signals generated after the first FID beat in solid xenon had smaller relative amplitude than in the case of CaF$_2$ and thus could not be accurately measured over sufficiently long time intervals. The echoes presented in Fig. 6 were initiated during or before the first beat, which likely implies that the FID behavior just before the echo pulse was not entirely dominated by the slowest eigenmode as required by Eq. (2). However, as the echoes acquired with the longest

FIG. 6. (Color online) $^{129}$Xe solid echoes in solid xenon. The latest four echoes acquired are shown. The first point of each echo is indicated by a solid circle to guide the eye. The dashed line is the long-time FID fit given by Eq. (1). The inset shows the experimental FID (solid line) and the fit (dashed line) on a linear scale.
TABLE III. Long-time FID and echo fit parameters for solid xenon. The FID parameters are obtained by fitting the FID to Eq. (1). The echo parameters are obtained by fitting the amplitudes and phases of the measured solid echoes to Eqs. (13) and (14).

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>$</td>
<td>a</td>
</tr>
<tr>
<td>$\varphi_a$</td>
<td>$-1.254 \pm 0.006$</td>
</tr>
<tr>
<td>$\gamma$</td>
<td>$1.251 \pm 0.005 \text{ ms}^{-1}$</td>
</tr>
<tr>
<td>$\omega$</td>
<td>$2.10 \pm 0.01 \text{ ms}^{-1}$</td>
</tr>
<tr>
<td>$B_1$</td>
<td>$260 \pm 30$</td>
</tr>
<tr>
<td>$B_2$</td>
<td>$0 \pm 3$</td>
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<tr>
<td>$D_1$</td>
<td>$290 \pm 40$</td>
</tr>
<tr>
<td>$D_2$</td>
<td>$12 \pm 3$</td>
</tr>
<tr>
<td>$\phi_1$</td>
<td>$0.71 \pm 0.05$</td>
</tr>
<tr>
<td>$\phi_2$</td>
<td>$2.4 \pm 0.5$</td>
</tr>
<tr>
<td>$\phi_{ad}$</td>
<td>$-1.254 \pm 0.006$</td>
</tr>
</tbody>
</table>

interpulse delays show an approach to the predicted forms, we still present the data.

For this Appendix we use the FID and solid echoes which are presented in Ref. 28. Polycrystalline xenon samples were produced in a magnetic field of 2 T ($^{129}$Xe Larmor frequency 24.56 MHz) using the methods described in Ref. 28. Ten solid echoes were acquired approximately 0.2 ms apart from 0.4 to 2.5 ms. A fit of Eq. (1) to the FID shows that it does not enter the long-time regime described by Eq. (1) until after $t = 2.5$ ms. As the latest echo was acquired with an interpulse delay time of 2.5 ms, no echoes were acquired in the long-time regime of the FID. The xenon FID and solid echoes are shown in Fig. 6.

The amplitude $|a|$, decay coefficient $\gamma$, beat frequency $\omega$, and complex phase $\varphi_a$ of the $^{129}$Xe FID were determined by fits to Eq. (1) (see Table III). The amplitude $|C(\tau)|$ and complex phase $\varphi_C$ of each echo signal were determined by fitting each solid echo signal to Eq. (9) with $\gamma$, $\omega$, $|a|$, and $\varphi_a$ fixed to the values obtained from the fit to the FID.

In Fig. 7, we plot $|C(\tau)|^2$ and $|C(\tau)| \cos \varphi_C$ for the measured solid echoes. The solid lines are the fits to either Eq. (13) or Eq. (14), from which the parameters in Table III were obtained. Figure 7 shows the results for echoes initiated in both the early-time and late-time regimes of the FID. The xenon FID and solid echoes are shown in Fig. 6.

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FIG. 8. (Color online) (a) $^{129}$Xe solid echoes in solid xenon labeled by their interpulse delay times $\tau$. The quantity plotted is $e^{\gamma \tau} \tilde{F}(\tau, t' + \tau)$. The 1.7 and 2.5 ms echoes represent the echoes used to obtain the shape functions $\Re \tilde{f}(t')$ and $\Im \tilde{f}(t')$. (b) The functions $\Re \tilde{f}(t')$ and $\Im \tilde{f}(t')$ obtained from the linear system of Eqs. (15) and (16).

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TABLE IV. Two tests of the theoretical predictions formulated at the end of Sec. II.

<table>
<thead>
<tr>
<th>Test</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test 1</td>
<td>$D_1$ predicted $= 250 \pm 60$</td>
</tr>
<tr>
<td>Test 2</td>
<td>$B_2$ predicted $= -1.0 \pm 0.3$</td>
</tr>
<tr>
<td>Test 1</td>
<td>$D_1$ measured $= 290 \pm 40$</td>
</tr>
<tr>
<td>Test 2</td>
<td>$B_2$ measured $= 0 \pm 3$</td>
</tr>
</tbody>
</table>
FIG. 9. (Color online) $^{129}$Xe solid echoes in solid xenon (solid lines). The red (broken) lines show the theoretical echo shapes obtained using the Re$\tilde{f}(t')$ and Im$\tilde{f}(t')$ shape functions. The quantity plotted is $e^{\gamma\tau}$ $\tilde{F}(t, t' + \gamma)$. The values of $\gamma$ are indicated in the plot legend.

Finally, we compare the obtained echoes with the predicted shape functions. We first obtain the shape functions Re$\tilde{f}(t')$ and Im$\tilde{f}(t')$ as described in Sec. III. In Fig. 8(a), we show the measured echoes in $^{129}$Xe. Each echo $\tilde{F}(t, t' + \tau)$ in the figure has been multiplied by a factor $e^{\gamma\tau}$ to correct for the exponential decay of the FID at their respective initial time values. The two echoes $\tilde{F}(t_1, t_1' + \tau_1)$ and $\tilde{F}(t_2, t_2' + \tau_2)$ used for determining the functions Re$\tilde{f}(t')$ and Im$\tilde{f}(t')$ are shown in Fig. 8(a). The functions Re$\tilde{f}(t')$ and Im$\tilde{f}(t')$ are shown in Fig. 8(b).

In Fig. 9, the remaining two late-time echoes are compared with the predicted ones obtained by substituting Re$\tilde{f}(t')$ and Im$\tilde{f}(t')$ into Eq. (7). We emphasize that the theoretical prediction of the echo shapes is expected to hold only for echoes initiated after 2.5 ms in this material. Therefore, the discrepancy in the early parts of the echo shapes is expected for the reasons discussed in Sec. III in relation to the early-time echo shapes in CaF$_2$.

We finally mention a possible additional complication in solid xenon associated with the fact that our xenon samples are not single crystals but rather polycrystallites. Our very recent theoretical study indicates that the observed long-time FID behavior of the polycrystalline solid xenon probably represents a typical long-time behavior of the individual crystallites contributing to the polycrystallite average, but the true asymptotic FID behavior of the entire polycrystallite is expected to appear only at times beyond the range accessible in our experiments. This asymptotic FID behavior should be controlled by the small fraction of the constituent crystallites with the slowest exponential decay constants $\gamma$.

\begin{thebibliography}{50}
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